

Tuning in to Kids

Emotionally Intelligent Parenting

A six session parenting program for
parents of children aged 3-6 years

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

**Tuning in to Kids shows you how to help your child develop *emotional intelligence*.
Children with higher emotional intelligence:**

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ!

Where: Croydon Health Centre,
24 Liverpool Road,
Cnr of Liverpool Road & Croydon Avenue,
Croydon.

When: Six weeks from Wednesday 13th October to
Wednesday 17th November
6:30 pm –9:30 pm



For more information and to register your interest phone: 9787 0640