

# Tuning in to Kids

## Emotionally Intelligent Parenting

A six session parenting program for  
parents of children aged 3-6 years

**Would you like to learn how to:**

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

**Tuning in to Kids shows you how to help your child develop *emotional intelligence*.  
Children with higher emotional intelligence:**

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ!

**Where:** The Infants Home,  
Child & Family Support Services,  
17 Henry Street, Ashfield

**When:** Six weeks from Tuesday 12<sup>th</sup> October to  
Tuesday 16<sup>th</sup> November  
09:30 am – 12:30 pm

***Free childcare provided***

**For more information and to register your interest phone: 9787 0640**

